



Venturing Outside in Nature

Instructor: [Dave Santillo](#)

This course is designed to provide participants with an introduction to the natural history of our region, and practice with methods, approaches, and techniques that allow them to see and understand more, and generally “get more” out of being outdoors in nature. Participants will:

- Explore the natural communities in the Merrymeeting Bay region, learn major plant and wildlife communities and species, and their ecology.
- Learn and practice specific skills to locate, identify, and understand wildlife and wildlife activities, and may include bird identification by song and sight, identifying wildlife tracks and sign.
- Learn to “observe” in the outdoors using all of your senses, and practice with tips and exercises.
- Practice meditation in nature.

Different sessions will be held in different seasons, to take advantage of the vastly different opportunities available and conditions in which to learn and benefit from spending time in nature.

Required Tool List:

Field clothes appropriate for season
Journal for writing and sketching
Binoculars

Minimum Class Size:

4

Maximum Class Size:

12

Minimum Age Allowed:

15

Minimum Age Allowed with Adult:

12

Course Dates & Times:

Saturday, October 15th, 9am to 4pm
Sunday, October 16th, 9am to 4pm

Tuition Price:

\$145 per person

Deposit due upon registration:

\$75

Registration Deadline:

Saturday, October 8th, 2011

Tuition Balance Due:

Monday, October 10th, 2011

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